ঘোর কষ্টোদ্ধারণস্তোত্রম্

{॥ ঘোর কষ্টোদ্ধারণস্তোত্রম্ ॥}

শ্রীপাদ শ্রীবল্লভ ত্বং সদৈব

শ্রীদত্তাস্মান্ পাহি দেবাধিদেব ।

ভবগ্রহক্লেশহারিন্ সুকীর্তে

ঘোরকষ্টাদুদ্ধরাস্মান্ নমস্তে ॥ ১॥

Lord of Lords, Shri Datta ! Shripada Shrivallabha !

One who only likes Bhakti, and who has good fame - you always protect us.

Save us (deliver us, rescue us, extricate us) from awful, (hurtful,

painful) difficulties. We bow down unto you.

ত্বং নো মাতা ত্বং পিতাপ্তোঽধিপস্ত্বং

ত্রাতা যোগক্ষেমকৃত্ সদ্গুরুস্ত্বম্ ।

ত্বং সর্বস্বং নো প্রভো বিশ্বমূর্তে

ঘোরকষ্টাদুদ্ধরাস্মান্ নমস্তে ॥ ২॥

Prabho ! (one who has no God above, one who is God himself,

highest authority). One who is Vishvamurti (entire universe

is whose form), you are our mother, father, owner, relatives and

Sadguru. You only sustain us and look after our daily activities

and well being (YogakShema). You are everything for us, hence

save us (deliver us, rescue us, extricate us) from awful, (hurtful,

painful) difficulties. We bow down unto you.

পাপং তাপং ব্যাধ্যাদীং চ দৈন্যম্

ভীতিং ক্লেশং ত্বং হরাশু ত্বদন্যম্ ।

ত্রাতারং নো বীক্ষ ইষাস্তজূর্তে

ঘোরকষ্টাদুদ্ধরাস্মান্ নমস্তে ॥ ৩॥

Hey Ishwara , you immediately deliver us from Papa (sin), Tapa

(misery/ agony/ torment) bodily illnesses,

mental agonies, poverty, fears and sufferings. Hey Lord , who saves

us from difficulties, we cannot see, locate any other saviour other

than you hence ..Save us (deliver us, rescue us, extricate us)

from awful, (hurtful, painful) difficulties. We bow down unto you.

নান্যস্ত্রাতা ন পীডান্ ন ভর্তা

ত্বত্তো দেব ত্বং শরণ্যো শোকহর্তা ।

কুর্বত্রেয অনুগ্রহং পূর্ণরতে

ঘোরকষ্টাদুদ্ধরাস্মান্ নমস্তে ॥ ৪॥

Hey God, we have no other Trata (protector) other than you, no

other Data (giver) nor Bharta (Lord / Chief/ husband / master).

You protect the ones, who surrender unto you and you get rid of

their sorrows. Hey Atreya (son of Atri Rishi – Dattatreya) oblige us

(Do Krupa on us) Oh Purnarate (One who has no desires / desireless)

and Save us (deliver us, rescue us, extricate us) from awful,

(hurtful, painful) difficulties. We bow down unto you.

ধর্মে প্রীতিং সন্মতিং দেবভক্তিং

সৎসঙ্গাপ্তিং দেহি ভুক্তিং চ মুক্তিম্ ।

ভাব শক্তিং চ অখিলানন্দমূর্তে

ঘোরকষ্টাদুদ্ধরাস্মান্ নমস্তে ॥ ৫॥

Hey Akhilanandmurte Deva, (one whose very nature is of complete joy)

grant us , love towards Dharma, Bhakti, and good Buddhi (good

thought process / power of descrimination). Grant us Satsang

(company of good people) , Bhukti (Fulfill our material needs)

and also grant us Mukti (liberation) and give us deep attachment

towards Pure Bhakti. Fulfill all our desires.

Save us (deliver us, rescue us, extricate us) from awful, (hurtful,

painful) difficulties. We bow down unto you.

শ্লোকপঞ্চকমেতদ্যো লোকমঙ্গলবর্ধনম্ ।

প্রপত্তেন নিযতো ভক্ত্যা স শ্রী দত্তপ্রিযো ভবেত্ ॥ ৬॥

All these five shokas (couplets) one who recites or

chants regularly with devotion, it will bring about (increase)

Mangalam (auspiciousness and good fortune) among people

in the world and he / she who chants it will be very dear to the

Lord Datta.

ইতি শ্রীমত্ পরমহংস পরিব্রাজকাচার্য

শ্রীমদ্ বাসুদেবানন্দ সরস্বতী স্বামী বিরচিতং

ঘোর কষ্টোদ্ধারণ স্তোত্রং সম্পূর্ণম্ ॥

Thus the "ghorakaShTa uddhAraNa stotram" written by

Shrimat, Paramhansa, Parivrajakacharya,

Shrimad VAsudevananda Saraswati Swami is complete.

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