

# श्रीहनुमत्स्तुती

{ श्रीहनुमत्स्तुती }

हनुमानञ्जनासूनुर्वायुपुत्रो महाबलः ॥

रामेष्टः झल्लगुनसभः पिङ्गाक्षोऽमितविक्रमः ॥ १ ॥

Hanuman, Anjana's son, the son of wind-god,

one endowed with great strength,

the favourite of Sri Rama, Arjuna's friend,

one having reddish brown eyes and unlimited valour

उद्धिक्मणश्चैव सीताशोकविनाशनः ॥

लक्ष्मणप्राणघाता य दशग्रीवस्य दर्पहा ॥ २ ॥

The one who leapt across the ocean,

who dispelled the deep anguish of Sita,

the saviour of Laxmana and who destroyed the pride of Ravana

अेवं द्वादश नामानि कपीन्द्रस्य महात्मनः ॥

स्वापकाले प्रबोधे च यात्राकाले च यः पठेत् ॥ ३ ॥

If one recites these twelve names of the noble Hanuman -

the best among the monkeys before retiring to bed,

on rising up in the morning or during journeys

तस्य सर्वं भयं नास्ति रणे च विजयी भवेत् ॥

राजद्वारे गह्वरे च भयं नास्ति कदाचन ॥ ४ ॥

He will not face fear from any quarter. He will be successful in  
battles. He need not have fear

either while entering the royal door, or a deep cavern.

(From Ananda Ramayana, Manohara Kanda.13-8-11).

॥ ॐ नमः ॥

Encoded, proofread, and comments by

N. Balasubramanian bbalu at satyam.net.in

Please send corrections to [sanskrit@cheerful.com](mailto:sanskrit@cheerful.com)

Last updated त्oday

<http://sanskritdocuments.org>

Hanumath Stuti Lyrics in Gujarati PDF

% File name : hanumatstuti.itx

% Location : doc\\_hanumaana

% Language : Sanskrit

% Subject : philosophy/hinduism/religion

% Transliterated by : N.Balasubramanian bbalu at satyam.net.in

% Proofread by : N.Balasubramanian bbalu at satyam.net.in

% Translated by : N.Balasubramanian bbalu@satyam.net.in

% Description-comments : Ananda Ramayana, Manohara Kanda.13-8-11

% Latest update : April 12, 2006

% Send corrections to : [Sanskrit@cheerful.com](mailto:Sanskrit@cheerful.com)

% Site access : <http://sanskritdocuments.org>

%

% This text is prepared by volunteers and is to be used for personal study

% and research. The file is not to be copied or reposted for promotion of

% any website or individuals or for commercial purpose without permission.

% Please help to maintain respect for volunteer spirit.

%

We acknowledge well-meaning volunteers for [Sanskritdocuments.org](http://Sanskritdocuments.org) and other sites to have built the collection of Sanskrit texts.

Please check their sites later for improved versions of the texts.

This file should strictly be kept for personal use.

