

શ્રીહનૂમત્સ્તુતી

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હનુમાનઞ્જનાસૂનુર્વાયુપુત્રો મહાબલઃ ॥

રામેષ્ટઃ ફાલ્ગુનસખઃ પિજ્જાક્ષોઽમિતવિક્રમઃ ॥ ૧ ॥

Hanuman, Anjana's son, the son of wind-god,

one endowed with great strength,

the favourite of Sri Rama, Arjuna's friend,

one having reddish brown eyes and unlimited valour

ઉદ્ધિક્રમણશ્ચૈવ સીતાશોકવિનાશનઃ ॥

લક્ષ્મણપ્રાણદાતા ચ દશગ્રીવસ્ય દર્પહા ॥ ૨ ॥

The one who leapt across the ocean,

who dispelled the deep anguish of Sita,

the saviour of Laxmana and who destroyed the pride of Ravana

એવં દ્વાદશ નામાનિ કપીન્દ્રસ્ય મહાત્મનઃ ॥

સ્વાપકાલે પ્રબોધે ચ યાત્રાકાલે ચ યઃ પઠેત્ ॥ ૩ ॥

If one recites these twelve names of the noble Hanuman –

the best among the monkeys before retiring to bed,

on rising up in the morning or during journeys

તસ્ય સર્વ ભયં નાસ્તિ રણે ચ વિજયી ભવેત્ ॥

રાજદ્વારે ગહ્વરે ચ ભયં નાસ્તિ કદાચન ॥ ૪ ॥

He will not face fear from any quarter. He will be successful in
battles. He need not have fear

either while entering the royal door, or a deep cavern.

(From Ananda Ramayana, Manohara Kanda.13-8-11).

॥ ॐ नमः ॥

Encoded, proofread, and comments by

N. Balasubramanian bbalu at satyam.net.in

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