

## ପରବ୍ରହ୍ମ ପ୍ରାତଃସ୍ମରଣସ୍ତୋତ୍ରମ୍ ସାର୍ଥ

{॥ ପରବ୍ରହ୍ମ ପ୍ରାତଃସ୍ମରଣସ୍ତୋତ୍ରମ୍ ସାର୍ଥ ॥}

ପ୍ରାତଃ ସ୍ମରାମି ହୃଦି ସଂସ୍କୃତଦାମ୍ଭତତ୍ତ୍ୱଂ

ସର୍ବ-ଚିତ୍ ସୁଖଂ ପରମହଂସଗତିଂ ତୁରୀୟମ୍ ।

ଯତ୍ ସ୍ୱପ୍ନଜାରସୁଷୁପ୍-ତିମବୈତି ନିତ୍ୟଂ

ତତ୍ ବ୍ରହ୍ମ ନିଷ୍କଲମହଂ ନ ଚ ଭୂତସଂଧଃ ॥ ୧ ॥

I remember in the early morning, the self-effulgent

Atma-Tattwa in the heart, which is Existence-Knowledge-Bliss,

which is the goal of the Parmahamsa, which is the fourth state.

I am that Brahman Who is eternal, attributeless,

Who transcends and is superior to the states of waking,

dreaming and sleeping, I am not the sum total of the

elements.

ପ୍ରାତର୍ଭଜାମି ମନସା ବଚସାମଗମ୍ୟଂ

ବାଚୋ ବିଭାନ୍ତି ନିଶିଲା ଯଦନୁଗ୍ରହେଣ ।

ଯଂ ନେତି ନେତି ବଚନୈର୍ନିଗମା ଅବୋଚଂ

ସ୍ତଂ ଦେବଦେବମଜମରୂପତମାହୁରଗ୍ରୀମ୍ ॥ ୨ ॥

I resort in the early morning to that God of gods,

Who is described as the Unborn, the Imperishable, and

the Foremost, Who is beyond the reach of mind and  
speech, by Whose grace all speech is illuminated  
and Whom the Vedas describe with statements of  
"not this, not this".

ପ୍ରାତର୍ନମାମି ତମସଃ ପରମର୍କବଣିଂ  
ପୂର୍ଣ୍ଣଂ ସନାତନପଦଂ ପୁରୁଷୋତ୍ତମାଖ୍ୟମ୍ ।  
ଯସ୍ମିନ୍ନିଦଂ ଜଗଦଶେଷମଶେଷମୁତ୍ତୈଂ  
ରଜ୍ଜ୍ବାଂ ଭୁଜଂଗମ ଇବ ପ୍ରତିମାସିତଂ ବୈ ॥ ୩ ॥

I bow in the early morning to the eternal state  
called Purshottama, who is full, beyond darkness,  
brilliant like the sun, in whose secondless Being  
this entire universe is apparent like the snake in the rope.

ଶ୍—ଲୋକତ୍ରୟମିଦଂ ପୁଣ୍ୟଂ ଲୋକତ୍ରୟବିଭୂଷଣମ୍ ।  
ପ୍ରାତଃ କାଳେ ପଠେଦ୍ୟସ୍ତୁ ସ ଗଚ୍ଛେତ୍ସରମଂ ପଦମ୍ ॥ ୪ ॥

One who recites these three sacred verses, which are  
the ornaments of the three worlds, in the early  
morning shall reach the Supreme State.

Dhrup Chand (dchand@concentric.net)

%Meanings from <http://home1.gte.net/alund/morning—hymnstm>

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