

பரப்ரஹ்ம ப்ராதஃஸ்மரணஸ்தோத்ரம் ஸார்த

{|| பரப்ரஹ்ம ப்ராதஃஸ்மரணஸ்தோத்ரம் ஸார்த ||}

ப்ராதஃ ஸ்மராமி ஹதி ஸ்ஸ்புரதாத்மதத்வீ
ஸச்-சித் ஸுகீ பரமஹீஸகதீ துரீயம் ।
யத் ஸ்வப்நஜாரஸுஷுப்-திமவைதி நித்யீ
தத் ப்ரஹ்ம நிஷ்கலமஹீ ந ச பூதஸ்தஃ ॥ க ॥

I remember in the early morning, the self-effulgent
Atma-Tattwa in the heart, which is Existence-Knowledge-Bliss,
which is the goal of the Parmahamsa, which is the fourth state.
I am that Brahman Who is eternal, attributeless,
Who transcends and is superior to the states of waking,
dreaming and sleeping, I am not the sum total of the
elements.

ப்ராதர்பஜாமி மநஸா வசஸாமகம்யீ
வாசோ விபாந்தி நிகிலா யதநுக்ரஹேண ।
யீ நேதி நேதி வசநைர்நிகமா அவோசீ
ஸ்தீ தேவதேவமஜமச்யுதமாஹ,ரக்ர்யம் ॥ உ ॥

I resort in the early morning to that God of gods,
Who is described as the Unborn, the Imperishable, and
the Foremost, Who is beyond the reach of mind and
speech, by Whose grace all speech is illuminated
and Whom the Vedas describe with statements of

"not this, not this".

ப்ராதர்நமாமி தமஸஃ பரமர்கவர்ணீ
பூர்ணீ ஸநாதநபதீ புருஷோத்தமாக்யம் ।
யஸ்மிந்நிதீ ஜகதஸேஷமஸேஷமுர்தௌ
ரஜ்ஜ்வரீ புஜீகம இவ ப்ரதிமாஸிதீ வை ॥ ௩ ॥

I bow in the early morning to the eternal state
called Purshottama, who is full, beyond darkness,
brilliant like the sun, in whose secondless Being
this entire universe is apparent like the snake in the rope.

ஸ்-லோகத்ரயமிதீ புண்யீ லோகத்ரயவிபூஷணம் ।
ப்ராதஃ காலே பதேத்யஸ்து ஸ கச்சேத்பரமீ பதம் ॥ ௪ ॥

One who recites these three sacred verses, which are
the ornaments of the three worlds, in the early
morning shall reach the Supreme State.

Dhrup Chand (dchand@concentric.net)

%Meanings from <http://home1.gte.net/alund/morning-hymnstm>

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